



MIGS

Newsletter July 2022

It's been wonderful to have you all back in the gym, participating in our programmes and having you there supporting your athletes.

When you come in please find yourself a seat upstairs on either the left or right mezzanine floor. Please do not sit or gather in front of the kitchen, please keep it free for coaches and as a walk way.

While training is in progress we would appreciate it if you would not walk onto the gym floor as this presents a safety risk for both your child and the other athletes out there.

It has been a challenging term with a lot of members away with Covid, Influenza and other nasty bugs going around. Despite this your commitment to attending training and working on your goals has been terrific. Please continue to use the hand sanitiser when you come into the gym and please do not come in if you are feeling unwell.

Covid 19

Unfortunately cases of Covid 19 appear to be increasing in our community again. MIGS remains committed to taking all practicable steps to reduce the spread of COVID-19 and provide a safe environment for our coaches, members and anyone from the community that may visit our facility or participate in our programmes. MIGS is currently operating under the **Orange** protection framework setting of the COVID-19 traffic light system. Under this setting MIGS does not require a vaccine passport for entry and there are no indoor capacity limits. We do however recommend that parents and visitors wear a mask, unless you are being active or exempt, especially when social distancing is not possible.



Competition

9th and 10th of July 2022

Elementary Women and Men's Artistic Competition

MIGS is proudly hosting this gymnastics competition, so come down and support the athletes who are competing.

Please **put your name down on the list inside the gym if you are able to donate some food or drink or some of your time.**



Term 3 Registrations

New Registrations for Term 3 will be able to enrol online from the 4th July 2022. Please go to the **MIGS website** for more information and to register <https://migs.co.nz/>

If you are unsure which level your child should be on please ask the coach

If you have any questions regarding payments please contact accounts@migs.co.nz

Holiday Programme

If you would like to book or have any questions about the holiday programme please

email migsholidayprogramme@outlook.co.nz

MID ISLAND GYM SPORTS SCHOOL HOLIDAY PROGRAMME July 2022

Two options available: 8.00am – 3.00pm (\$35 per day) or 8.00am – 5.15pm (\$45 per day). We start the day with a range of fun games, followed by the daily activity. During the day the children will get to take full advantage of our awesome Gymnastics & Trampoline facilities.



We are Ministry of Social Development approved for OSCAR subsidies. Applications for OSCAR must be completed 2 weeks PRIOR to the Holidays commencing.

<p>Monday, 11th July</p> <p>CIRCUITS & GAMES</p>	<p>Tuesday, 12th July</p> <p>B DAY</p> <p>A day full of activities starting with the letter B. How many can you think of?</p>	<p>Wednesday, 13th July</p> <p>COOKING DAY</p> <p>Make your very own warm toasted sandwiches</p>	<p>Thursday, 14th July</p> <p>SKILLS DAY Gymnastics & Trapeze</p> <p>Learn a new skill or practice an old one</p>	<p>Friday, 15th July</p> <p>EQUIPMENT DAY</p> <p>Hut building and fun games with all the equipment</p>
<p>Monday, 18th July</p> <p>CIRCUITS & GAMES</p>	<p>Tuesday, 19th July</p> <p>BAKING DAY</p> <p>Make and eat some yummy treats</p>	<p>Wednesday, 20th July</p> <p>FLIPPING DAY</p> <p>Rotation is the aim of the day</p>	<p>Thursday, 21st July</p> <p>CRAFT DAY</p> <p>Get creative with paper and scissors</p>	<p>Friday, 22nd July</p> <p>SHARED LUNCH & MOVIE DAY</p> <p>Bring a shared lunch and watch some movies.</p>

BOOKINGS FOR ALL ACTIVITIES ARE REQUIRED IN ADVANCE. PAYMENTS MUST BE MADE PRIOR TO BOOKED DATES, TO SECURE THE SPACE.

We reserve the right to alter the daily programme depending on the enrolled numbers.

We have loads of fun recreational activities in store. Suitable for children aged 5-13yrs.

Children need to bring: Morning tea & Lunch, (afternoon tea for 5.15 pick ups) a water bottle, socks for trampoline use.

If you would like more information or wish to make a booking please contact us.

IMPORTANT: PLEASE SEE OVER FOR OUR LIST OF TERMS & CONDITIONS.....

Address: Te Ngae Road Rotorua Email: migsholidayprogramme@outlook.co.nz



New Zealand Gymnastic Championships

MIGS is really proud to have a group of athletes, who will be representing the Bay of Plenty, going to the New Zealand Gymnastics Championships in July 2022.



NZ Champs Tumbling:

Emma Tindale (Senior International), Maia Drabble-(15-16), Jess Arkwright (15-16), Jayda Marie Moke (13-14) and Francisca Marshall (13-14) and Lydia O'Callaghan (11-12)

2022 NZGC Women's Artistic Individual:

Maia Drabble Step 6
Francisca Marshall Step 5

2022 NZGC Trampoline Individual:

Tyla Black (TRA Junior International), Abbey Moberly (TRA 17+), Aaria Tana (TRA 15-16), Maia Robertson-Pene (TRA 15-16), Louie Schweizer (TRA 13-14), Jessica Todd (TRA 11-12), Kyrah Johns (TRA 11-12), Liam Evans (TRA 11-12) and Isabella Wainohu (TRA 9-10)

Congratulations and Good Luck to you all!

If you can't be there in person you can purchase tickets to watch the New Zealand Gymnastics Championships and get four days of non-stop action from our top athletes across all gymnastics sports. livestream and on demand. Please use this link <https://www.gymnasticsnz.com/2022-nz-gymnastics-championships/new-2022-livestream/>



Sponsorship

We want to say a massive thank you to our sponsors! Our sponsors have helped us purchase some DuraZone inflatable equipment, and enabled us to renovate the competitive and staff bathrooms at the gym through their generous donation of money, flooring, bathroom fixtures, plumbing services and volunteer time preparing and painting the rooms. There is still some work to be done before it is completed but it has already made a massive difference for the people who use it.

MIGS is proudly supported by the following sponsors:



Independent Flooring Fairy Springs Road Rotorua 07 3502387



Bunnings Warehouse Rotorua



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p 0274847111 **e** phil@vipplumbing.co.nz



Timberlands Limited Te Papa Tipu Innovation Park Sala Street, Rotorua

Linda Tomokino 0275208062 and Joy Kelly 0274908304 from



MIGS is a not for profit charitable organisation. We rely a lot on volunteers, fundraising, grants, sponsorship and donations to help us provide you with the programmes we offer and maintain the building. If you are able to assist MIGS by offering your time or skills, or are interested in sponsorship please contact the MIGS Committee. Email admin@migs.co.nz



Stay warm, stay safe, we look forward to seeing you in Term 3