

MIGS Class Timetable Term 1 2024

Monday 5th February to Saturday 13th April



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09.00					Sallywags 1-2.5 yrs old	Sallywags 1-2.5 yrs old
09.30				Little Ninjas Parkour 4-5 yrs old		
10.00						Sallywags 2.5-4 yrs old
10.15						
10.30						
11.00 - 12.00					Sallywags 2.5-4 yrs old	
12.00 - 13.00				Homeschoolers Parkour 5-12 yrs old		
13.00 - 13.30						
13.30 - 14.30		Tiny Tumblers and Trampolines 4-6 yrs old				
14.30 - 15.30						
15.30 - 16.30	Gym Fun - 5-7 yrs old Level 1 New children	Gym Fun Intro 4-5 yrs old	Gym Fun - 5-7 yrs old Level 1 New children	Gym Fun - 5-7 yrs old Level 1 New children	Tiny Tumblers and Trampolines 4-6 yrs old	
	Gym Fun - 5-7 yrs old Level 2	Foundation Parkour 5-7 yrs old	Gym Fun - 5-7 yrs old Level 2	Gym Fun - 5-7 yrs old Level 2	Cheerleading 8-15 yrs old	
	Gym Fun - 5-7 yrs old Level 3		Gym Fun - 5-7 yrs old Level 3	Gym Fun - 5-7 yrs old Level 3		
	Trampoline Twisters 7+ yrs old	Trampoline Twisters 7+ yrs old	Tumbling Rollers 7-15 yrs old - Levels1/2	Trampoline Flippers 7+ yrs old		
				Foundation Parkour 8-11 yrs old		
16.30 - 16.45						
16.45 - 17.45	Gym Rec - 7-12 yrs old Level 1 New children	Gym Junior Girls Levels 3/4	Gym Junior Advanced Girls Levels 4/7	Gym Rec - 7-12 yrs old Level 1 New children	Tumbling Rollers 7-15 yrs old - Levels1/2	
	Gym Rec - 7-12 yrs old Level 2	Foundation Parkour 8-11 yrs old	Tumbling Flickers 7-15 yrs old - Levels 3/4	Gym Rec - 7-12 yrs old Level 2		
	Gym Rec - 7-12 yrs old Level 3		Tumbling Somersaulters 7-15 yrs old - Levels 5+	Gym Rec - 7-12 yrs old Level 3		
				Intermediate Parkour 8-11 yrs old		
17.30						
18.00		Foundation Parkour 12+ yrs old		Advanced Parkour 12+ yrs old	Gym for Teens 15+ yrs old	
18.30						
19.00						